



*Università degli Studi di Firenze*



## Doctoral Programme in "Education Sciences and Psychology"

Cycle XXX

Coordinator: Prof.ssa Simonetta Ulivieri

PhD Student: Valentina Zambuto

Year: III

Tutor: Professor Ersilia Menesini

Scientific Sector (SSD): M-PSI/04

Research (title of the Thesis, if available): Peer led models to prevent bullying and cyberbullying: how and for whom they can be effective

Study abroad

University: University of Antwerp, Belgio

Period: September 22<sup>nd</sup> – December 22<sup>nd</sup> 2016

	<p>Goal/s: Enrich PhD experience thanks the exchange of views with the research group of Professor Heidi Vandeborch, that is a very active team in studies on cyberbullying and on prevention programs that use ICT (i.e. serious games)</p>
<p>Meeting &amp; Seminars: Participation</p>	<p>Date: 22<sup>nd</sup> November 2017</p> <p>Menesini, E., <b>Zambuto, V.</b>, Palladino, B.E. (2017). <i>La prevenzione del bullismo e del cyberbullismo in Italia: dall'approccio universale all'approccio indicato – Simposio Orale – Prevenire il Bullismo e il cyberbullismo in Italia. Nuove Prospettive alla luce della L.71/2017 – 22 Novembre 2017, Firenze</i></p> <p>Date: 14<sup>th</sup> – 16<sup>th</sup> September 2017</p> <p><b>Zambuto, V.</b>, Nocentini, A., Palladino, B.E., Menesini E. (2017) “<i>Come e perché un programma antibullismo funziona? La mediazione dell’empatia nell’aumento dei difensori come effetto della selezione dei peer educators nel programma NoTrap!</i>” – Oral Symposium - Il bullismo a scuola: fattori di rischio e nuovi interrogativi per la prevenzione - XXX Congresso Nazionale AIP - Sezione di Psicologia dello sviluppo e dell'educazione 14-16 September 2017, Messina, Italy</p> <p>Date: 13<sup>th</sup> September 2017</p> <p>Participation to the Seminar <i>New trends in life-span psychology</i>. Pre-conference XXX Congresso Nazionale AIP – Catania (CT), Italy</p> <p>Date: 29<sup>th</sup> August – 1<sup>st</sup> September 2017</p>

**Zambuto, V.**, Pabian, S., Nocentini, A., Palladino, B.E., Menesini, E. “NoTrap! peer-led intervention against bullying: does it work better among self-nominated peer educators?” - Oral Symposium “Peers in the School Context: A Resource for Adjustment and the Reduction of Social Exclusion among Ethnic Majority and Minority Youth?” – *18<sup>th</sup> European Conference on Developmental Psychology (ECDP)*, 29<sup>th</sup> August – 1<sup>st</sup> September 2017, Utrecht, Netherlands

Menesini, E., **Zambuto, V.**, Nocentini, A., Palladino, B.E. “I can stop bullying! How and why peer-led models can be effective” – Oral Symposium - **18<sup>th</sup>** European Conference on Developmental Psychology (ECDP), 29<sup>th</sup> August – 1<sup>st</sup> September 2017, Utrecht, Netherlands,

Date: 21<sup>st</sup> – 27<sup>th</sup> May 2017

Menesini, E., **Zambuto, V.**, Palladino, B.E. & Nocentini, A. (2017) Evidence based interventions to tackle school bullying in Italy: Insights from evaluation studies of KiVa and NoTrap! Stream: Research and interventions on violence in families, schools and communities - *15<sup>th</sup> Symposium on the Contributions of Psychology to Peace - Bridging Across Generations: Turning Research into Action for Children and Families*. 21 – 27 May 2017, Rome and Florence, Italy

Date: 5<sup>th</sup> e 6<sup>th</sup> May 2017

**Zambuto, V.**, Palladino, B.E., Lionetti, F., Menesini, E., (2017). “From Home to School: on The Role of Attachment, Teachers Relationship and Peers Acceptance

on Anti-bullying Defending Behavior” – Poster Session – *Congresso in Onore di Gian Vittorio Caprara “Personalità: l’individuo nella società”*, Rome, Italy

Date: 6<sup>th</sup> – 8<sup>th</sup> April 2017

Palladino, B.E., **Zambuto, V.**, Menesini, E., Lionetti, F. (2017). “From Home to School: on The Role of Attachment and Peers Acceptance on Anti-Bullying Defending Behaviors” – Poster Session – 6<sup>th</sup> – 8<sup>th</sup> April 2017- *Society for Research in Child Development Biennial Meeting program*, Austin, Texas, USA

Date: 18<sup>th</sup> October 2016

Participation to the Seminar *CES Frame to Reframe: Exploring the use of graphic facilitation to engage young people to define and address social health issues of import to them* - Antwerp, Belgium

Date: 8<sup>th</sup> – 10<sup>th</sup> September 2016

**Zambuto, V.**, Nocentini, A (2016). Il ruolo del processo di reclutamento dei peer educators in un intervento anti-bullismo”, Oral Symposium – *XXIX Congresso Nazionale AIP - Sezione di Psicologia dello sviluppo e dell’educazione* – Vicenza, Italy

Date: 10<sup>th</sup>-14<sup>th</sup> April 2016

**Zambuto, V.**, Nocentini, A., Palladino, B.E., Menesini, E. (2016). “Is a peer led intervention against bullying and cyberbullying more or less effective for

subgroups of participants?” – Oral Symposium “Preventive Interventions for Cyberbullying in Schools and its Impact in Traditional Bullying – 24<sup>th</sup> Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD) – 10<sup>th</sup> – 14<sup>th</sup> April, Vilnius, Lithuania

Date: 24<sup>th</sup>-26<sup>th</sup> September 2015

**Zambuto, V.** Palladino, B:E (2015). “La questione della scelta del questionario e la conferma della sua struttura. L’Internet Social Capital Scales (ISCS)”, Oral Symposium – *XXVIII Congresso Nazionale AIP - Sezione di Psicologia dello sviluppo e dell’educazione* – Parma, Italy

Date: 23<sup>rd</sup> September 2015

Participation to the Seminar *Stepping Sideways to Move Forward: Closing the Science-Practice Gap* – Prof. Debra Pepler - Lezione Magistrale - via della Torretta, Florence, Italy

Date: 16<sup>th</sup> September 2015

Participation to the Seminar *La Historia de la Educación como campo disciplinar y de investigación hoy* - prof. José María Hernández Díaz - via Laura, Florence, Italy

Date: 25<sup>th</sup> June 2015

Participation to the Seminar *“Les Organisations Non Gouvernementales (Ong) Et*

*Le Developpement Humain Durable*" - Prof. Kouassì Malanhoua - via Laura, Florence, Italy

Date: 12<sup>nd</sup> June 2015

Participation to the Seminar *Individual Differences in Imagery, Emotion, and Memory* - Prof. Olesya Blazhenkova – via della Torretta, Florence, Italy

Date: 25<sup>th</sup> March 2015

Participation to the Seminar *"Identity and interculturality in University environment"* - prof. Eduardo Sacayon Manzo - via Laura, Florence, Italy

Date: 4<sup>th</sup> February 2015

Participation to the Seminar *Storia e futuro della "Red de Evaluación Formativa y Compartida en Docencia Universitaria": un progetto internazionale di ricerca nel quadro del Processo di Bologna* - Prof.Ssa Carolina Hamodì - via Laura, Florence, Italy

Date: 12<sup>th</sup> December 2014

Participation to the Seminar *La video ricerca nei contesti educativi della fascia 0-6 anni* - Prof.ssa Chiara Bove, Prof.ssa Piera Braga – via Laura - Florence, Italy

Date: 28<sup>th</sup> November 2014

Participation to the Seminar *Media literacy education and substance abuse*

	<p><i>prevention</i> - Dr. Janis Kupersmidt – via della Torretta - Florence, Italy</p> <p>Date: 19<sup>th</sup> November 2014</p> <p>Participation to the Seminar <i>Il Modello KiVa per la prevenzione e il contrasto del bullismo a scuola</i> – Prof.ssa Cristina Salmivalli, Prof.ssa Ersilia Menesini, Dott.ssa Annalaura Nocentini – Aula Magna Rettorato – P.zza san Marco - Florence, Italy</p> <p>Date: 10<sup>th</sup> November 2014</p> <p>Participation to the Seminar <i>“Come pubblicare con successo sulle riviste scientifiche più importanti a livello internazionale”</i> – Aula Magna Rettorato – P.zza san Marco – Florence, Italy</p> <p>Date: 3<sup>rd</sup> November 2014</p> <p><i>Partecipazione to the International Conference “I benefici della prosocialità: ricerca e interventi” - Centro congressi dipartimento scienze della Comunicazione della Sapienza, Università di Roma, Rome Italy</i></p>
<p>Summer &amp; Winter Schools:</p>	<p>Date: 11<sup>th</sup>-14<sup>th</sup> Luglio 2016</p> <p>Title: “Multilevel Models for Longitudinal Data” — Summer School promoted by AIP - Professor Fabio Presaghi – Università di Chieti (PE), Italy</p>

<p>Participation</p>	<p>Date: 18<sup>th</sup> -20<sup>th</sup> February 2016  Title: <i>“Evidence based Interventions to prevent developmental risk outcomes in youth and adolescence”</i> International Winter Training School 3<sup>rd</sup> Edition – Developmental and Educational Psychology Section of the Italian Association of Psychology (AIP) – Professor A. Lo Coco, Professor L. Barone, Professor E. Menesini – University of Pavia, Italy</p> <p>Date: 15<sup>th</sup> -21<sup>st</sup> June 2015  Title: <i>Structural Equation Models with Mplus”</i> Summer School – Professor Barbaranelli and Professor Fida – Roma, Italy</p> <p>Date: 20<sup>th</sup> -22<sup>nd</sup> November 2015  Title: <i>Promoting children’s development: Evidence based interventions in family and school contexts”</i> - International Winter Training School-2<sup>o</sup> edition - Developmental and Educational Psychology Section of the Italian Association of Psychology (AIP) – Professor A. Lo Coco, Professor L. Barone, Professor E. Menesini – University of Florence, Italy</p>
<p>Training Course/s</p>	<p>Date: 21<sup>st</sup> e 22<sup>nd</sup> October 2017  Titolo: <i>Training on Prevention Program “Coping Power School”</i> (Coping Power Universal), conducted by Jacopo Bertacchi, and organized by Scuola Bolognese Psicoterapia Cognitiva - SBPC, Forlì, Italy</p> <p>Date: 29<sup>th</sup> August 2017</p>



Titolo: *Bullying and Peer Relations: Multilevel and Social Network Analyses – Preconference workshop - 18<sup>th</sup> European Conference on Developmental Psychology (ECDP), Utrecht, Netherlands*, Rene Veenstra and Christina Salmivalli, Utrecht, Netherlands

Date: 20<sup>th</sup>-21<sup>st</sup> April 2016

*“Analisi funzionale e modello di Glasser: due strumenti per gestire i comportamenti aggressivi in contesti educativi”* – Webinar organized by Obiettivo Psicologia srl

Date: 7<sup>th</sup> September 2016

Titolo: *“Come pubblicare in riviste internazionali di psicologia dello sviluppo e dell’educazione: strategie e suggerimenti”*- Pre-conference XXIX National Conference AIP – Professor Lucia Mason and Professor Julie Dockrell – Padova (PD), Italy

Date: 18<sup>th</sup> -19<sup>th</sup> -20<sup>th</sup> February 2015 (First Module)/ 25<sup>th</sup> - 26<sup>th</sup> - 27<sup>th</sup> (Second Module)

Title: Post-graduate advanced course “Item Response Theory Models (IRT)” Professor C. Primi – University of Florence, Florence, Italy

Date: February- July (twice a month)

Title: Post-graduate advanced course “Mondo reale e mondo virtuale: potenzialità e rischi delle nuove tecnologie. – Director: Professor E. Menesini – University of Florence, Florence, Italy

Language Certificate/s	Language: Level:
Support Didactic  (Workshops, Seminars,...)	<p>Date: 1<sup>st</sup> December 2017 Lesson in the Course of Developmental Psychology. Title: The Moral Development - First-level Degree in Psychological Sciences and Techniques, School of Psychology – University of Florence</p> <p>Date: 23<sup>rd</sup> November 2017 Lesson in the Course of Processes and Transition in the Life Cycle. Title: Peer-led model in anti-bullying programs – Second Level Degree in Psicologia del Ciclo di Vita e dei Contesti</p> <p>Date: 9<sup>th</sup> October 2017 Lesson in the Course of Developmental Psychology. Title: The scientific study of children development – First-level Degree in Psychological Sciences and Techniques, School of Psychology – University of Florence</p> <p>Date: 8<sup>th</sup> September 2017 Seminar in the Post-graduate advanced course “Bullying and Cyberbullying: knowledge, Evaluation, Interventions – entitled “Peer support and Peer Education Models</p>

Publications: Books	<p>Title:</p> <p>Publisher:</p> <p>Year:</p>
Publications: Articles in National Journals	<p>Title of the article: <i>Noncadiamointrappola: un intervento Evidence-Based di prevenzione del bullismo e del cyberbullismo a scuola</i></p> <p>Title of the Journal: Psicologia e Scuola</p> <p>Year: 2014</p>
Publications: Articles in International Journals	<p>Title: <i>Why do some students want to be actively involved as peer educators and others do not? Findings from NoTrap! Anti-bullying and Anti-cyberbullying program.</i></p> <p>Title of the Journal: European Journal of Developmental Psychology</p> <p>Year: 2017 (In Stamp)</p> <p>Title of the article: Anti-bullying programs and Information and Communication Technologies (ICTs): A systematic review</p> <p>Title of the Journal: Aggression and Violent Behaviour</p> <p>Year: 2015</p>
Publications: Chapter in edited books	<p>Menesini, E., Zambuto, V., Palladino, B.E. (2017). <i>Online and school-based programs to prevent cyberbullying among Italian adolescents: What works, why, and under which circumstances</i></p> <p>In: Campbell &amp; Bauman. <i>Reducing cyberbullying in schools. International Evidence-Based Best Practices. Pp 135 – 144, ACADEMIC PRESS, ISBN: 9780128114230</i></p>

	Year: 2017
Publications: Book Reviews	Book:  Journal:  Year:
Publications: Book Reports	Book:  Journal:  Year:
Editorial assistant	Series / Journal:  Period:
Reviewer	Journal:  Period:
Member of national & international Pedagogical Associations	Association: Year/s:
Member of national & international Psychological Associations	Association: European Association of Developmental Psychology (EADP) Year: 2017  Association: Italian Association of Psychology (AIP)

	<p>Year/s: 2016</p> <p>Association: Ordine degli Psicologi</p> <p>Year: 2015</p>
<p>Other informations</p>	<p>Member of Academic Spin-off Ebico Cooperativa Sociale ONLUS (University of Florence)</p> <p>Member of the Longitudinal Lab in Developmental Psychology (Coordinator: Professor Ersilia Menesini). Department of Educational Sciences and Psychology - University of Florence A.A 2017/2018</p> <p>Teaching Assistant in “Developmental Psychology” course – Professor Fulvio Tassi– First-level Degree in Educational Sciences – University of Florence</p> <p>A.A 2014-2015 /2015-2016/ 2016-2017/ 2017-2018</p> <p>Teaching Assistant in “Developmental Psychology” course – Professor Ersilia Menesini – First-level Degree in Psychological Sciences and Techniques – School of Psychology, University of Florence</p> <p>Date: November 2014 - in progress</p> <p>Member of the scientific group responsible for the intervention program against bullying and cyberbullying “<i>NoTrap!</i>” (promoted by the Department of Educational Sciences and Psychology - University of Florence and Ebico Cooperativa Sociale ONLUS</p> <p>Award: “Diego Gargiulo Award” for the best Italian Master Degree Thesis about the</p>

	<p>following matter: Analysis and Prevention of aggressive relationships at school. University of Pavia, Italy</p>
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Other skills:

Proficiency in the following statistics software: SPSS – Mplus – IRTPro – MLWin

Florence, 14<sup>th</sup>, December 2017