



Doctoral Program in "Education Sciences and Psychology"

Cycle XXXVII

Coordinator: Prof.ssa Vanna Boffo

PhD Student: Monica Paradisi	
Year: 3rd year	
Tutor: Prof.ssa Amanda Nerini, Prof.ssa Camilla Matera	
Scientific Sector (SSD): M-PSI/05 – Social Psychology	
Research (title of the Thesis, if available): Mattering and Well-being	
Study abroad	University: Universidad de Sevilla (Spain), Facultad de Psicología, Departamento de Psicología Social, Centro de Investigación y Acción Comunitaria, Coalición para el Estudio de la Salud, del Poder y la Diversidad (CESPYD) Period: January – June 2023 Goal/s: Data collection for the validation of the Societal Mattering Scale in the Spanish population.
Meeting & Seminars: Participation	<u>Participation in congress as an auditor and poster author or oral contribution</u> Date: November 7 th , 2023



Title: International Opening Conference Educational Sciences and Psychology Doctoral Course "Quality Assurance in Research and PhD Programmes. New Perspectives in Higher Education Design" – University of Florence

Paradisi, M.: Poster "The Italian version of the Societal Mattering Scale (SMS): a validation study."

Date: September 21th - 23th, 2023

Title: XIV National Congress Italian Society of Community Psychology "Imagining Equal Communities, Promoting Sustainable Changes" – University of Valle d'Aosta

Paradisi, M., Nerini, A., Matera, C.: "Does participation make a difference? The mediation of mattering and sense of community in the relationship between participation and well-being."

Date: June 30th - July 4th, 2023

Title: EASP General Meeting 2023 - Krakow

Boin, J., Matera, C., Nerini, A., **Paradisi, M. :** Poster "Perceived mattering, emotion regulation, and psychological well-being during the COVID-19 pandemic."

Date: June 16th – 17th, 2023

Title: XV National Positive Psychology Days, Italian Society of Positive Psychology "Civic Happiness" - University of Turin

Paradisi, M., Matera, C., Nerini, A.: "Feeling important to society: An Italian adaptation of the



Societal Mattering Scale."

Date: May 25th – 27th, 2023

Title: XIV National Congress Italian Society of Health Psychology - Cagliari

Matera, C., Nerini, A., Casati, C., Di Gesto, C., **Paradisi, M.**: "Changing bodies: Positive body image and body coping strategies in aging men and women."

Date: November 7th and 8th 2022

Title: International PhD Opening Conference 2022 "Educational Policy Making and Research Pathway" – University of Florence

Paradisi, M.: Poster "The study of the association between mattering and well-being: a systematic review"

Date: November 17th, 2021

Title: "Il contributo della Psicologia del ciclo di vita e dei contesti durante la pandemia da COVID-19" – Psychology School, University of Florence

Matera C., **Paradisi M.**, Boin J., Nerini A.: "Perceived mattering in the face of COVID-19: links with emotion regulation and psychological well-being"

Date: October 1st – 2nd, 2021

Title: Meeting Webinar SIPSA: Metamorfosi della Psicologia della salute tra tradizione e



innovazione.

Paradisi M., Boin J., Matera C., Nerini A.: “Il ruolo protettivo della percezione di mattering e dell’auto-regolazione emotiva sul benessere psicologico durante la pandemia di covid-19”

Date: April 15th – 16th, 2021

Title: Social Psychology Conference 2021 - University of Helsinki.

Paradisi M., Matera C., Nerini A.: “The threat of social distancing during covid-19 pandemic: the protective role of mattering to others and emotion regulation on psychological well-being”

Participation, as an auditor, in conferences, congresses, seminars, workshops, webinars

Date: January 20th, 2023

Title: "Reception systems for asylum seekers and refugees and the psychology of violence" – Lecture in the "Gazes" series organized by the Order of Psychologists of Tuscany.

Date: November 11th, 2022

Title: Meeting Webinar Day SIPSA – “Lo Psicologo nel sistema delle cure primarie: obiettivi di salute e traiettorie dell'intervento”

Data: September 27th – 30th, 2022

Title: XXX AIP Congress (Associazione Italiana di Psicologia)



	<p>Date: November 8th - 9th, 2021</p> <p>Title: International OPEN PHD WebConference "Translational Perspectives in Educational and Psychological Studies" – University of Florence</p> <p>Date: September 8th-10th 2021</p> <p>Title: XIII Convegno Nazionale SIPCO. "Oltre le distanze. Le comunità tra separazione e solidarietà"</p>
Summer & Winter Schools: Participation	<p>Data: August 29th – September 3rd, 2022</p> <p>Title: AIP Summer School of Methodology 2022 "The general, mixed and generalized linear model"</p> <p>Data: July 13th – 15th, 2022</p> <p>Titolo: SIPCO Summer School "Theory of change and community work. Methods and instruments to plan and evaluate social impact"</p>
Training Course/s	<p>Date: May 11th and 16th, 2023</p> <p>Title: "European Project Planning" – Transversal Skills, University of Florence</p> <p>Date: May 2023</p> <p>Title: "Scientific/Academic Writing for PhD students" – University Language Center, University of Florence</p>



	<p>Date: October 14th, 2022</p> <p>Title: "From University to the General Public: Research Communication and Public Engagement" Transversal Skills – University of Florence</p> <p>Date: April/May 2022</p> <p>Title: Science communication workshop, Transversals Skills, Florence University</p> <p>Date: April 7th, 2022</p> <p>Title: EUniWell Science Communication Workshop</p> <p>Date: March 2022</p> <p>Title: Cochrane Interactive Learning: Conducting an Intervention Review</p>
Language Certificate/s	<p>Language: Spanish (DELE)</p> <p>Level: B2</p> <p>Language: English</p> <p>Level: B2</p>
Support Didactic (Workshops, Seminars,...)	<p>Date: November 23rd, 2023</p> <p>Title: "Perception of MATTERING: Associated Factors and Outcomes of Feeling Important to Others and in Contexts - Promoting Mattering at the University" – Seminar in the Attitudes Psychology course, Degree Course L-24 (University of Florence).</p>



	<p>Date: November 3rd, 2022</p> <p>Title: “The construct of Mattering” seminar at the course “Esercitazioni in psicologia sociale, del lavoro e delle organizzazioni” – Degree Course L-24 (University of Florence)</p> <p>Date: March 28th, 2022</p> <p>Title: “Why is it important to feel important? The construct of Mattering” seminar at the Social Psychology course – Degree Course L-24 (University of Florence)</p>
Publications: Books	<p>Title:</p> <p>Publisher:</p> <p>Year:</p>
Publications: Articles in National Journals	<p>Title of the article:</p> <p>Title of the Journal:</p> <p>Year:</p>
Publications: Articles in International Journals	<p>Title of the article: Nerini, A., Duradoni, M., Matera, C., Guazzini, A., Paradisi, M., & Sghembri, A. (2023). Predictors of Vaccination Intentions and Behaviour during the COVID-19 pandemic in Italy.</p> <p>Title of the Journal: <i>Behavioral Sciences</i></p> <p>Year: 2023</p> <p>Title of the article: Matera, C., Paradisi, M., Boin, J., & Nerini, A. - Perceived mattering in the face</p>



	<p>of COVID-19: links with emotion regulation and psychological well-being.</p> <p>Title of the Journal: Psychology & Health</p> <p>Year: 2021</p> <p>Title of the article: Matera, C., Nerini, A., Di Gesto, C., Policardo, G. R., Maratia, F., Dalla Verde, S., Sica, I., Paradisi, M., Ferraresi, L., Pontvik, D. K., Lamuraglia, M., Marchese, F., Sbrillo, M., & Brown, R. Put yourself in my wheelchair: Perspective-taking can reduce prejudice toward people with disabilities and other stigmatized groups.</p> <p>Title of the Journal: Journal of Applied Social Psychology</p> <p>Year: 2021</p>
Publications: Chapter in edited books	<p>Title of the chapter: "The Relationship Between the Mattering Construct and Well-being in its Conceptualizations (Hedonic, Eudaimonic, and Holistic): A Systematic Review."</p> <p>Book: "Research Exercises: Doctorate and Training Policies"</p> <p>Year: 2022</p>
Publications: Book Reviews	<p>Book:</p> <p>Journal:</p> <p>Year:</p>
Publications: Book Reports	<p>Book:</p> <p>Journal:</p> <p>Year:</p>
Editorial assistant	<p>Series / Journal:</p>



	Period:
Reviewer	Journal: Period:
Member of national & international Pedagogical Associations	Association: Year/s:
Member of national & international Psychological Associations	Association: Società Italiana di Psicologia della Salute (SIPSA) Year/s: 2021 - ongoing Association: Associazione Italiana Psicologia (AIP) Social Psychology section Year/s: 2022 – ongoing Association: Società Italiana di Psicologia Positiva (SIPP) Year/s: 2023 - ongoing
Other informations	Date: June 1 st , 2023 – Ongoing Title: Member of the Research Group for the project "University students matter! Improving students' well-being and academic success through increased mattering." Funded through Euniwell - Seed Funding Call 5. Date: April 22 nd , 2022 - ongoing



Registration in the Section A of the Register of Psychologist of Tuscany's Order
(N ° 9845)

Date: December 10th, 2021

Title: Qualification to practice as a Psychologist by University of Florence

a.a. 2021/2022. And a.a. 2022/2023

Subject expert for the "Persuasive Communication Psychology" course (ssd M-PSI/05), at the DSS department, Psychology School, University of Florence

a.a. 2021/2022. And a.a. 2022/2023

Subject expert for the "Health Social Psychology and Well-being Promotion" course (ssd M-PSI/05), at the FORLILPSI department, Psychology School, University of Florence

Florence, November 28th, 2023.

Monica Parodi