



# Doctoral Program in "Education Sciences and Psychology"

Cycle XXXVII

Coordinator: Prof.ssa Vanna Boffo

PhD Student: Monica Paradisi	
Year: 2 <sup>nd</sup> year	
Tutor: Prof.ssa Amanda Nerini, Prof.ssa Camilla Matera	
Scientific Sector (SSD): M-PSI/05 – Social Psychology	
Research (title of the Thesis, if available): Mattering and Well-being	
Study abroad	University: Universidad de Sevilla (Spain)  Period: January – June 2023  Goal/s: Collection of data
Meeting & Seminars: Participation	<u>Participation in congress as an auditor and poster author or oral contribution</u>  Date: November 7 <sup>th</sup> and 8 <sup>th</sup> 2022



	<p>Title: International PhD Opening Conference 2022 “Educational Policy Making and Research Pathway” – University of Florence</p> <p><b>Paradisi M.:</b> Poster “The study of the association between mattering and well-being: a systematic review”</p> <p>Date: November 17th, 2021</p> <p>Title: "Il contributo della Psicologia del ciclo di vita e dei contesti durante la pandemia da COVID-19" – Psychology School, University of Florence</p> <p>Matera C., <b>Paradisi M.</b>, Boin J., Nerini A.: "Perceived mattering in the face of COVID-19: links with emotion regulation and psychological well-being"</p> <p>Date: October 1st – 2nd, 2021</p> <p>Title: Meeting Webinar SIPSA: Metamorfosi della Psicologia della salute tra tradizione e innovazione.</p> <p><b>Paradisi M.</b>, Boin J., Matera C., Nerini A.: “Il ruolo protettivo della percezione di mattering e dell’auto-regolazione emotiva sul benessere psicologico durante la pandemia di covid-19”</p> <p>Date: April 15th – 16th, 2021</p> <p>Title: Social Psychology Conference 2021 - University of Helsinki.</p> <p><b>Paradisi M.</b>, Matera C., Nerini A.: “The threat of social distancing during covid-19 pandemic: the protective role of mattering to others and emotion regulation on psychological well-being”</p>
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	<p><u><i>Participation, as an auditor, in conferences, congresses, seminars, workshops, webinars</i></u></p> <p>Date: November 11th, 2022</p> <p>Title: Meeting Webinar Day SIPSA – “Lo Psicologo nel sistema delle cure primarie: obiettivi di salute e traiettorie dell'intervento”</p> <p>Data: September 27th – 30th, 2022</p> <p>Title: XXX AIP Congress (Associazione Italiana di Psicologia)</p> <p>Date: November 8th -9th, 2021</p> <p>Title: International OPEN PHD WebConference "Translational Perspectives in Educational and Psychological Studies" – University of Florence</p> <p>Date: September 8th-10th 2021</p> <p>Title: XIII Convegno Nazionale SIPCO. “Oltre le distanze. Le comunità tra separazione e solidarietà”</p>
Summer & Winter Schools:  Participation	<p>Data: August 29th – September 3rd, 2022</p> <p>Title: AIP Summer School of Methodology 2022 “The general, mixed and generalized linear model”</p>



	<p>Data: July 13th – 15th, 2022</p> <p>Titolo: SIPCO Summer School "Theory of change and community work. Methods and instruments to plan and evaluate social impact"</p>
Training Course/s	<p>Date: April/May 2022</p> <p>Title: Science communication workshop, Transversals Skills, Florence University</p> <p>Date: April 7<sup>th</sup>, 2022</p> <p>Title: EUniWell Science Communication Workshop</p> <p>Date: March 2022</p> <p>Title: Cochrane Interactive Learning: Conducting an Intervention Review</p>
Language Certificate/s	<p>Language: Spanish (DELE)</p> <p>Level: B2</p>



	Language: English  Level: B2
Support Didactic  (Workshops, Seminars,...)	Date: November 3rd, 2022  Title: “The construct of Mattering” seminar at the course “Esercitazioni in psicologia sociale, del lavoro e delle organizzazioni” – Degree Course L-24 (University of Florence)  Date: March 28th, 2022  Title: “Why is it important to feel important? The construct of Mattering” seminar at the Social Psychology course – Degree Course L-24 (University of Florence)
Publications: Books	Title:  Publisher:  Year:
Publications: Articles in National Journals	Title of the article:  Title of the Journal:



	Year:
Publications: Articles in International Journals	<p>Title of the article: Matera, C., Paradisi, M., Boin, J., &amp; Nerini, A. - Perceived mattering in the face of COVID-19: links with emotion regulation and psychological well-being.</p> <p>Title of the Journal: <i>Psychology &amp; Health</i></p> <p>Year: 2021</p> <p>Title of the article: Matera, C., Nerini, A., Di Gesto, C., Policardo, G. R., Maratia, F., Dalla Verde, S., Sica, I., Paradisi, M., Ferraresi, L., Pontvik, D. K., Lamuraglia, M., Marchese, F., Sbrillo, M., &amp; Brown, R. Put yourself in my wheelchair: Perspective-taking can reduce prejudice toward people with disabilities and other stigmatized groups.</p> <p>Title of the Journal: <i>Journal of Applied Social Psychology</i></p> <p>Year: 2021</p>
Publications: Chapter in edited books	<p>Title of the chapter:</p> <p>Book:</p> <p>Year:</p>
Publications: Book Reviews	Book:



	Journal:  Year:
Publications: Book Reports	Book:  Journal:  Year:
Editorial assistant	Series / Journal:  Period:
Reviewer	Journal:  Period:
Member of national & international Pedagogical Associations	Association:  Year/s:
Member of national & international Psychological Associations	Association: Società Italiana di Psicologia della Salute (SIPSA)  Year/s: 2021 - ongoing



	<p>Association: Associazione Italiana Psicologia (AIP) Social Psychology section</p> <p>Year/s: 2022 – ongoing</p>
Other informations	<p>Date: April 22<sup>nd</sup> , 2022 - ongoing</p> <p>Registration in the Section A of the Register of Psychologist of Tuscany's Order (N ° 9845)</p> <p>Date: December 10<sup>th</sup>, 2021</p> <p>Title: Qualification to practice as a Psychologist by University of Florence</p> <p>a.a. 2021/2022. And a.a. 2022/2023</p> <p>Subject expert for the “Persuasive Communication Psychology” course (ssd M-PSI/05), at the DSS department, Psychology School, University of Florence</p> <p>a.a. 2021/2022. And a.a. 2022/2023</p> <p>Subject expert for the “Health Social Psychology and Well-being Promotion” course (ssd M-PSI/05), at the FORLILPSI department, Psychology School, University of Florence</p>





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Florence, January 17<sup>th</sup>, 2023.

Monica Parodi