



# Strategic Assessment and Planning Document for Schools Promoting Health - Tuscan Network

Daniele Leporatti – PhD Student – e-mail (daniele.leporatti@unifi.it)



## Structure of the Health Profile

The Health Profile is an assessment tool that allows schools to analyze their well-being situation through both quantitative and qualitative methods, combining both social and health approaches. It is a vital strategic resource not only for schools that are part of the SPS Network, but also for all educational institutions that view health promotion as a central element of their educational planning.



### Framework 1

The school's health promotion activity is assessed based on the number of projects, actions, partnerships, and training courses. This quantitative analysis provides an overall view of the institution's commitment in this area

### Framework 2

The criteria are taken from the "policy" guidelines for the School that Promotes Health established in the State-Regions Agreement of 17.01.2019 and adopted with DGRT n.742/2019.

### Framework 3 (priorities and benchmarks)

Together, priorities and objectives guide the school in creating a healthy educational environment conducive to learning.

## Self-evaluation method

### SELF-ASSESSMENT APPROACH (CAF LOGIC)

#### Compilation of the Health Profile by the wellness commission

Composed of the School Principal (DS), one or more representatives for health promotion and education, the tutor from the relevant health company related to Health Promotion services (tutor PDS), the representative of the ATA staff, and extended to the Territorial Area representative and key figures from the school community, with particular attention to parent representatives and, for secondary schools of the second degree, student representatives.

Reading of the contextual data

Self-assessment process

Definition of the improvement plan

Continuous monitoring of indicators

re-planning

Comparison within the school and among schools

## 1 School health data

- In Framework 1 of the school health profile, the commitment to health promotion is quantitatively examined. It takes into account the contextual data, the number of projects started and concluded, the preventive and reactive actions taken, the external partnerships established, and the training courses offered to teachers and ATA staff. Data from the institute, such as the total number of students involved in health initiatives and the dedicated resources, are also considered. This analysis provides an overview of the school's current commitment to health promotion, guiding future initiatives.

## 2 Strategic areas of investigation

# PROFILO di SALUTE Scuola



Promote individual skills and action capabilities 4

Improve the learning and organizational environments 5

Qualify the social environment 3

Collaborate with the Health Agency services for health promotion 4

Strengthen local community collaboration 3

Connection with the Regional Document of recommended practices 6

Number of self-assessment questions n

## 3 Health priorities and benchmarks

### Benchmarks

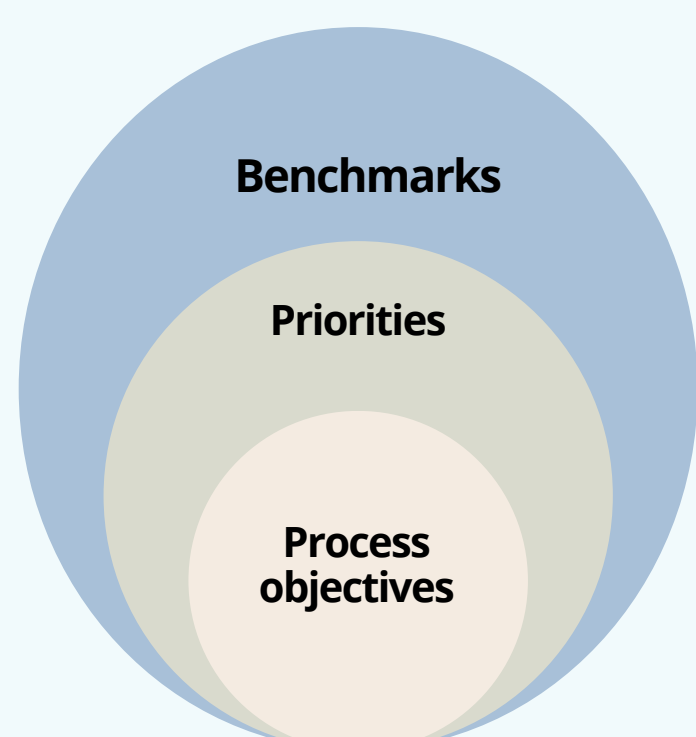
The objectives are long-term goals that the school aims to achieve in relation to health promotion. They describe the ideal or desired situation towards which the school is moving.

### Priorities

Priorities represent the main and urgent areas of intervention that the school decides to focus on in a given period. They are chosen based on immediate needs and available resources.

### Process objectives

The process objectives outline the specific actions and concrete steps the school takes to reach the defined benchmarks.



With the Health Profile, the strengths and areas of weakness for each strategic area will be highlighted. Additionally, scores assigned to each action and an overall score will be present. Analyzing these results will enable the school to develop its Improvement Plan, taking into account priorities and benchmarks.

## Discussion and future Directions

The Health Profile is a fundamental element for the School, as it allows for an expanded view of its pedagogical role. Beyond providing educational and relational environments that promote academic success, the School, through the Health Profile, actively commits to individual and organizational psychological well-being. The School's ultimate mission becomes clear: to promote health by integrating it into educational and teaching processes.

The project "Schools Promoting Health" currently involves 118 Tuscan institutions, encompassing over 80,000 students and 15,000 members including teachers and staff. By implementing the Health Profile, the School initiates a research-action process, placing teachers at the heart of the initiative. From this, teacher-researcher figures emerge, skilled in promoting well-being, inclined to innovate, reflect, and share their expertise. The School evolves into a research hub where techniques are adjusted based on emerging needs.

## References list

- Schools for Health in Europe (SHE), Risoluzione di Vilnius – Migliorare le scuole attraverso la salute. Terza conferenza europea delle Scuole che Promuovono Salute, 2009. Traduzione italiana a cura di AA.VV.
- International Union for Health Promotion and Education (IUHPE), Verso una scuola che promuove salute. Linee guida per la promozione della salute nelle scuole. 2° versione del documento "Protocolli e linee guida per le scuole che promuovono salute", 2011. Traduzione italiana a cura di AA.VV.



PODCAST

Quality Assurance in Research and PhD Program.  
New perspective in Higher Education

7th November 2023



**FOR  
LIL  
PSI**  
EVENTI