

BACKGROUND



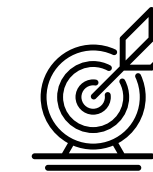
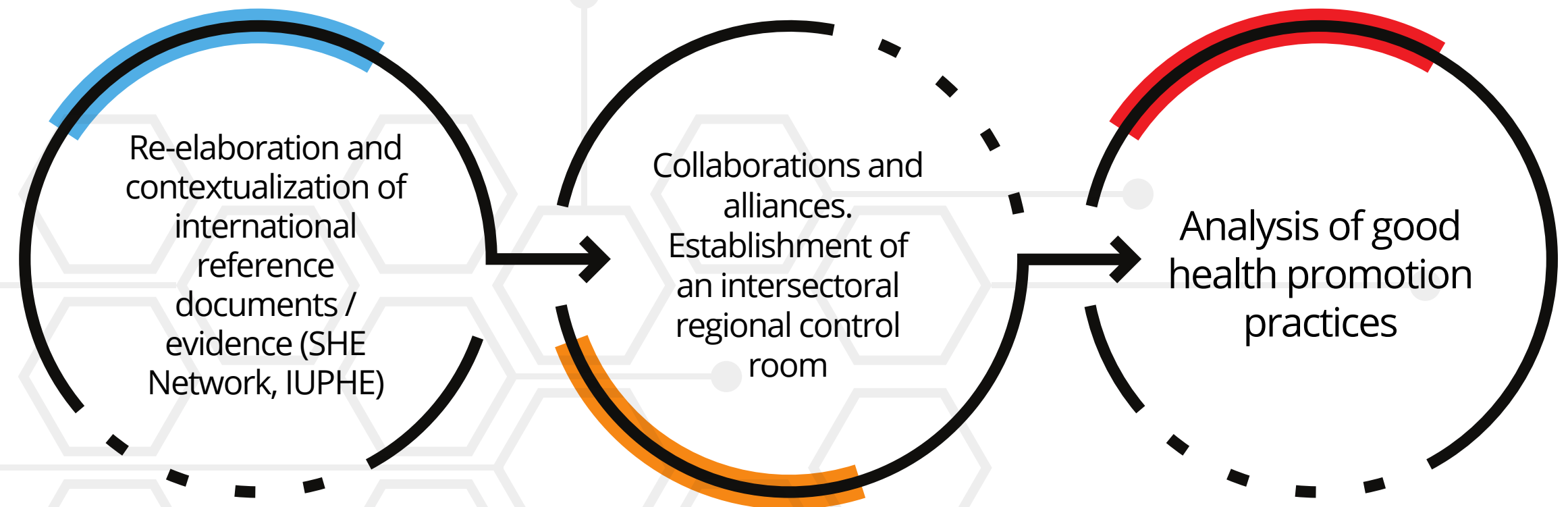
Directorate General for students (MI), integration and participation has started various activities and collaborations over the years, aimed at schools of all levels, to protect the right to health, raise awareness on prevention issues and promote correct styles of life.

In February 2019 the memorandum of understanding with the Ministry of Health was renewed and the document that integrates what has already been defined was renewed.

The focus of the research is to define a plan of interventions aimed at students, their families and school staff, with the aim of building individual skills on the issues of health promotion, of qualifying the environments in which young people learn. In respect of autonomy, with the support of a regional network, each school will be able to structure paths for the psychophysical well-being of children and young people, work to improve the quality of study places, promote healthy lifestyles such as, for example, eating healthy and doing physical activity.



METHODS



SPECIFIC AIMS

Creation of the regional network of schools that promote health;

Promote the culture of networking between schools by developing the regional network of schools that promote health;

Regional document of good practices oriented to life skills



TRANSVERSAL AIMS



Regional agreement between the Tuscany Region and MIUR

Regional conference and training course designed together with the Tuscany Region

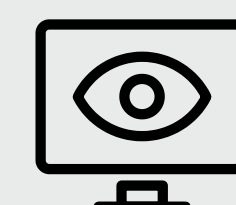
Website design and production - regional network of schools promoting health

DISCUSSION And CONCLUSIONS

RESULT

Formalized the regional convention with five-year validity signed on 01/08/2022 between the Tuscany Region and the Regional School Office aimed at integrated governance for the development of the model referred to in the document "Integrated guidelines for schools that promote health"

Presence of a regional network of "schools that promote health" formalized by the regional school office of Tuscany



Ensure that the monitoring systems of the education sector consider health promotion as an integral part of school life, and that this is reflected in their control indicators



Establishing an HPS is not a time-limited project. It is a process of change, development and evolution that builds a healthy school community. However, not everything can be changed on the spot and if the goals and strategies are realistic, substantial changes can occur in 3-4 years.

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